












JANUARY

Town of Mamaroneck Senior Center

2019

1288 Boston Post Road, Larchmont, NY 10538
 (914) 834-8840 Senior Center Hours 10:00am-3:30pm

	<p>31 Chicken Cutlet Marsala Sauce/ Whole Wheat Penne w/Basil Pesto, Broccoli Florets</p>	<p>1 CENTER CLOSED HOLIDAY</p>	<p>2 Baked Flounder Corn Nibbles Kale & Onions</p>	<p>3 Boneless Breaded Pork Chop/ Gravy Baked Sweet Potato Cabbage w/ Carrots</p>	<p>4 Roasted Cornish Hen Scalloped Potatoes Green Beans Almandine</p>	<p>5 </p>
<p>6 </p>	<p>7 Knockwurst/Sauerkraut Corn Nibbles Baked Beans</p>	<p>8 Lemon Chicken Gravy / Sweet Potato Peas & Onions</p>	<p>9 Manicotti/Sauce Broccoli Tossed Salad with chickpeas</p>	<p>10 Lamb Curry Buttered Noodles Spinach</p>	<p>11 Tilapia Lentil Pilaf Green Beans</p>	<p>12 </p>
<p>13 </p>	<p>14 Stuffed Peppers/Gravy Mashed Potatoes Brussel Sprouts</p>	<p>15 Pork Loin Cutlet Picatta Sauce Quinoa & Kale Glazed Carrots</p>	<p>16 Roast Turkey/Gravy Harvard Beets Peas</p>	<p>17 Baked Salmon Peach sauce Baked Potato Mediterranean Veggies</p>	<p>18 Baked Chicken/Gravy Macaroni & Cheese Collard Greens</p>	<p>19 </p>
<p>20 </p>	<p>21 SENIOR CENTER CLOSED </p>	<p>22 Salisbury Steak/Gravy Lemon Potatoes Mixed Veggies</p>	<p>23 Bake Sole Couscous Spinach</p>	<p>24 California Chicken Mashed Potatoes Succotash</p>	<p>25 Italian Meatballs Spaghetti with Tomato Sauce Broccoli w/ Garlic</p>	<p>26 </p>
<p>27 </p>	<p>28 Italian Chicken Sausage Peppers & Onions Green Beans</p>	<p>29 Veal & Mushrooms Roasted Potatoes Peas & Carrots</p>	<p>30 Cheese Lasagna Tomato Sauce Tossed Salad with chickpeas Zucchini</p>	<p>31 Meatloaf/Gravy Sweet Mashed Potatoes Crumbed Cauliflower</p>	<p>1 SPECIAL VALENTINES PARTY MENU</p>	<p>2 </p>

Senior Center Coordinator: Maria Gallagher (914) 834-8840
 Senior Center Staff: Kathy Flynn, Carmen Medina
 Community Services Director: Anna Danoy
 Community Services Office: (914) 381-7840

YOU MUST CALL 834- 8840 FOR
TRANSPORTATION TO SENIOR CENTER &
GROCERY SHOPPING

CALL 834- 8840 TO MAKE A
RESERVATION FOR LUNCH
CONTRIBUTION - \$3.00